

The Chakras & Xayun Waho
by sadhaka

1) Earth Star: VOID(Saturn) Pure Yin, black hole, 'shadow energy.'

This aspect is the most *yin* of all the aspects of Xayun Waho, meaning that it is about *yielding, release, and (re)cycling energy downwards*. We use it to release tension, to relax, to let go of tensions and blockages in our field that hinder us. It can be used to dissipate any type of tension, physical, emotional/mental, spiritual. It feels like a subtle shadow moving across the body and around the energy field. It is great to use before beginning any practice, or it can be used to finish a practice in order to *cycle excess energy* back into the Earth Star.

It is NOT a good choice for charging objects with magical intention or anything that requires energy to *stick around* for very long.

2) Root: OBSIDIAN(Earth) The physical substance of the earth, or the energy of the Iron Core Crystal of the Earth.

This aspect is the most *physical* of all the aspects of Xayun Waho, meaning that it is about *stability, grounding, earthing, establishing a foundation*. We use it to ground ourselves, but also to *lay the energetic foundation* for other work. It is a very powerful energy to use before or during stillness meditation, charging magical objects alone or before imbuing them with magical intention, and for banishing and cleansing rituals, and for creating spiritual barriers before engaging in other work. It can be fed to higher beings, spirits, personal servitors and protectors in order to *make them more physical*.

Although it is very relaxing to the physical body and can lead to the relief of tension, it is NOT good so good for dissipating energy, clearing blockages, or *directly* relieving emotional/mental tension.

3) Sacral: LUNAR(Mercury/Moon) Cool, silvery, magnetic, Divine Feminine/Mother.

This aspect is perhaps the most feminine of all the aspects of Xayun Waho. It is subtle, cool, and fertile. It is about *softening, calming, allowing*, but it also has a subtle magnetic movement to it that is very good for healing sexual issues and emotional trauma. After yielding to this aspect and allowing it to move through you, it can create a feeling of *fullness* or *fecundity*. It is a wonderful energy to use to soothe pregnant mothers, to imbue magical objects with feminine energy, and for calming the heart-mind while allowing space for whatever it is experiencing.

It is NOT so good for people who are generally low-energy or have an overabundance of yin in their bodies, and although it can calm the heart-mind, its subtle movement and 'lunar fullness' can also cause difficulty sleeping.

4) Solar Plexus: VOLCANIC(Venus), hot, eruptive, explosive, magma, masculine.

This aspect is closest to *bodily qi*, the etheric body, and physical processes governed by

jing-qi. It is a sort of universal energizer and remover of blockages, mover of qi, and rejuvenator of all the energies of all the *bodies*. It creates a feeling of expansion, growth, outward movement, and is very good for working with the *personal will*, personal expression, our movement out into the world, personal agency, self-love and the positive bolstering of the ego. Therefore, it also helps with emotional issues around self-worth, pride, and positivity. It can be used to charge magical objects, sigils, and talismans, as a fuel source for spirits, magical rituals, and ceremonial work where *dynamic* energy is called for.

It is NOT good for calming an overexcited spirit or cooling down an over-energized body or heart-mind, nor is it very effective for calming mental-spiritual energy except in cases where the disturbance is caused by a lack of the physical movement of qi throughout the body.

5) Heart: SOLAR(Sol) Warm/hot, radiant energy, Divine Masculine/Father.

This aspect is perhaps the most masculine of all the aspects of Xayun Waho. It can feel like being bathed in gentle sunlight, or it can be fiercely hot and radiant with feelings of powerful, masculine energy coursing through and emanating from the body in all directions. Like Volcanic, it is also a sort of universal energizer and mover of blockages, mover of qi and rejuvenator of all the energies of all the *bodies*. It is also closely related to *bodily qi*, but as it is focused through the heart-space, its nature is closer to *shen-qi*. Therefore it is the aspect *par excellence* for healing emotional issues: love, acceptance of self and others, attachment, loneliness, FOMO, etc. The energy of Xayun Waho, as it is manifested on this planet, is very much connected to the energies of the planets within our solar system. Therefore, the Solar aspect is considered the center of all the other aspects and has a unifying effect on them. It can be successfully combined with any other energy to intensify it and give it an extra *spiritual* dimension.

It is NOT good for 'cooling down', but it is the most universal of all the aspects and can be used for just about anything.

6) Throat: OCEANIC(Mercury) Cool, immersive, supportive, liberating.

This aspect can feel like a taking a dip in a cool pool or being suspended and lifted up in a tidal wave of energy. It is cleansing and supportive of all the systems of the body should they need to be cleared out and calmed down, but it also has a massive amount of weight and depth to it which gives it magical applications as well. It helps with emotional issues centered around freedom of expression and communication, manifestation, and creativity. It feels very supportive no matter what it is used for, and it can be combined with any of the other aspects of Xayun Waho.

It is NOT good for energizing the systems of the body except when stagnant energy is freed up by its supportive and liberating nature.

7) Brow: ATMOSPHERIC (Jupiter) Neutral, open and expansive, static/electric.

This aspect is most closely related to mental energy and the Collective Consciousness of Humanity. It feels spacious and open with a sort of *static electric charge*. It is very good

for clearing the mental space, neutralizing negative and/or intrusive thoughts, and opening to the transcendental qualities of the mental realms, as in meditative states of consciousness. It can bring feelings of mental clarity and peace and open up psychic awareness and abilities. It is also very good for *space-clearing* before rituals and spiritual practices, especially where a neutral, peaceful space is required. It is NOT good for moving *bodily qi* or energies with more physical densities.

8) Crown: AKASHIC (Uranus) *Star-stuff*, cosmic, white light, Divine Spark.

This aspect is the least physically dense, most 'spiritual' of all the aspects of Xayun Waho besides Lapis. It is light and bright and full of spiritual and magical potential. It is the last of the 'physical' aspects of Xayun Waho, meaning that it is still part of the physical universe before returning to the realm of Pure Yang, which is not a part of the physical universe. It can feel like the 'pure white light' that New Agers are so fond of, or it can tingle and sparkle and become almost iridescent. It is good for getting into truly transcendent, spiritual states of awareness, feeling almost Buddhist in nature. Behind it there is a special *seeding* power that is particularly good for High Magic and *bringing objects to life*, imbuing them with potential spiritual energy and consciousness. It can be an excellent aspect to use after finishing spiritual practices or rituals.

It is NOT good for easing mental problems or grounding as it can leave one feeling *spacey*.

9) Soul Star Chakra: LAPIS (Neptune) Atmic, Soul, Source, Pure Yang, God, the Higher Self, the Holy Guardian Angel.

This aspect connects to Soul or Atman itself, the last humanly relatable element before moving back on to pure Source. This may be the most difficult aspect to attain to as it requires a certain amount of *spiritual purification*, but the unifying nature of Xayun Waho makes that level of attainment much more *real*, much easier to grasp and work with as a substantial energy. It is the most *protective* of all the aspects of Xayun Waho, creating an indestructible shell around the Luminous Energy Field. It is excellent for shielding and protection from psychic attack, spirit attack, negative entities, and creating safe and stable *sacred spaces*.

It can be useful on all levels but can be difficult to integrate into certain physical and energetic centers.